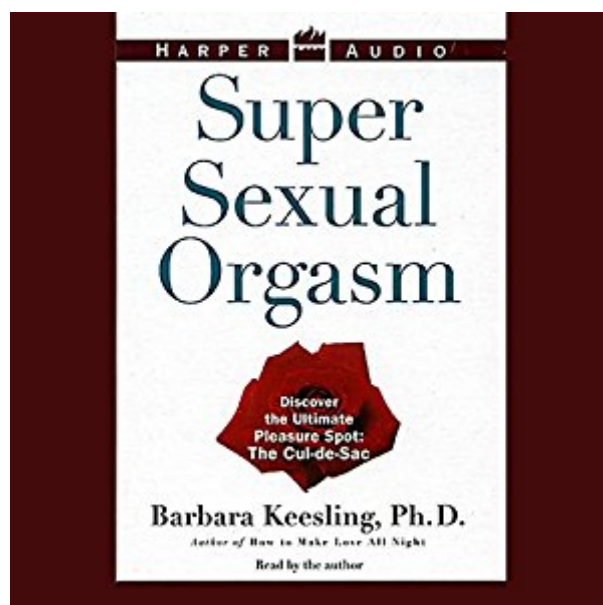


The book was found

Super Sexual Orgasm



Synopsis

Sex is one of the purest forms of human endeavor--the ultimate arena of sharing between people. It is the nourishing confluence of so many special elements: touch, physicality, communication, play, arousal, and intimacy. So why so often does the entire focus of sex for women become: Will I have an orgasm or won't I? Wouldn't it be wonderful--for both men and women--if female orgasm were no longer an uncertainty, but rather, a given? Dr. Barbara Keesling allows this fantasy of sexual fulfillment to be any woman's reality--following her unique exercises designed to strengthen and gain control over a little-known, rarely exercised internal area of the female body, it is possible for all women to control and guarantee orgasm! Once loving partners are no longer worried about climax, the pressure often associated with lovemaking gives way--and sex can reach its full potential. To this end, Dr. Keesling paves the way for wonderful sensual payoffs by including racy and romantic exercises to help couples rediscover that sex is much more than striving for a big finish--it's the sensual stops along the way that make it worthwhile. --This text refers to the Paperback edition.

Book Information

Audible Audio Edition

Listening Length: 1 hour and 30 minutes

Program Type: Audiobook

Version: Abridged

Publisher: HarperAudio

Audible.com Release Date: December 16, 1999

Language: English

ASIN: B0000546PY

Best Sellers Rank: #116 in Books > Audible Audiobooks > Health, Mind & Body > Sexuality
#1310 in Books > Health, Fitness & Dieting > Sexual Health > General #2897 in Books > Self-Help > Sex

Customer Reviews

Keesling describes what science may call, "an optimal blended orgasm", involving all four major nerve trunks. This orgasmic experience IS different from the "release" experience, and may lead to transcendent sex. What is exceptional in this book are the exercises for women to make themselves more comfortable with their own sexuality. She starts gently and works the reader up to a level of comfortability that will allow such an experience. Art Noble, author of The Sacred Female

Useful guide to better sex. I like her work Her notion of sources of intense orgasm inside the vagina (aside from the "G" spot on the upper frontal wall of the vagina, right behind the clitoris) is very interesting.

Now you know this has made things BETTER

As the husband i love this book it started the fire up again BUT this book is about pleasure and misses the boat on one point. It advocates the sex toy aspect of pleasuring is the way to go. We found that everything is achieved with the male partner. So If male partner is available try that first. After all that is the true pleasure, sharing the journey. if this info was in the book 4 1/2 stars.

I don't even own this book. I skimmed through it at a book store- AND IT CHANGED MY SEX LIFE!! The premise of this book is that there is a spot farther up in a woman than she can reach that is the source of terrific pleasure and satisfaction, control and ease of a quick "o". Well I found it, and I pity the gal who hasn't. Once you feel this you will realize not using this is like a guy only touching half his member! In fact, the only unfortunate thing about this "spot" is it's inaccessibility without a partner or toy. The book itself is a bit descriptive and I didn't methodically follow the exercises. I think if you are already in tune with your body you can just get the basic idea and once you feel what she is talking about, instinct takes over. I can't BELIEVE this book is out of print, unless Keesling is coming out with a newer maybe simpler version because this is knowledge that every female on the planet needs to know about her body. Intercourse makes physiological sense when you do it this way, and it makes female & male sex a MUCH more similar and equal experience. What *are* you waiting for?? Have Fun!! -Kari

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It seems that the buzzword these days is G-Spot. I have read so many books that talk about it now. It wasn't long ago-you couldn't find a thing about it! How times have changed. I can only say that through reading ESO by the Brauers, my personal love life picked up greatly! When I added this book in my reading, my skills went to another level altogether! ESO and SSO are two essential books for men, women, and couples to pick up! Kudos to Ms. Keesling who is a beautiful woman and boy she helps the reader of her books make beautiful Love! Thanks for this service to Humankind, Ms. Keesling! This book is a must-have! When you and your partner hit SSO and she realizes her control over her body, that is thanks enough. She is right when she says that when all cylinders are firing (!), that the act can become almost Transcendental. 'Nuff Said -ed saunders

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